

**SUGGESTED READINGS**  
**2009-10 Practice Problem #1 – Sensory Overload**

Rosen, Christine. “The Myth of Multitasking.” *The New Atlantis*. Spring 2008 issue.  
<<http://www.thenewatlantis.com/publications/the-myth-of-multitasking>>

Goldsmith, Linda. “Is surfing the Internet altering your brain?” *Reuters*. October 27, 2008.  
<<http://www.reuters.com/article/internetNews/idUSTRE49Q2YW20081027>>

Tugend, Alina. “Multitasking can make you lose...um...focus.” *New York Times*. Oct. 24, 2008.  
<<http://www.nytimes.com/2008/10/25/business/yourmoney/25shortcuts.html>>

Interlandi, Jeneen. “Are You a ‘Digital Native’?” *Newsweek*. October 14, 2008.  
<<http://www.newsweek.com/id/163924>>

Kuan, Irene. “Most Drivers Guiltily Admit to Using Cell Phones: Poll.” *Reuters*.  
May 19, 2008. <<http://www.reuters.com/article/lifestyleMolt/idUSN1531919620080519>>

Richtel, Matt. “Technology giants join forces to fight communications clutter.” *New York Times*.  
June 15, 2008. <<http://www.nytimes.com/2008/06/15/business/worldbusiness/15iht-data16.4.13720469.html?>>

Paddock, Catherine. “Listening to Cell Phones Impairs Driving: Study.” *Medical News Today*.  
March 6.2008. <<http://www.medicalnewstoday.com/articles/99696.php>>

Jackson, Maggie. “Information overload: switch off your mobile, iPod, and emails- technology is  
turning our brains into mush.” *Mail Online*. July 30, 2008.  
<<http://www.dailymail.co.uk/sciencetech/article-1039993>>

Rodrigues, Vivianne. “Zen and the art of emailing.” *Reuters*. April 23, 2009.  
<<http://www.reuters.com/article/deborahCohen/idUSTRE53M50J20090423>>

Appleyard, Bryan. “Stooooopid...why the Google generation isn’t as smart as it thinks.”  
*Times Online*. July 20, 2008.  
<[technology.timesonline.co.uk/tol/news/tech\\_and\\_web/the\\_web/article4362950.ece](http://technology.timesonline.co.uk/tol/news/tech_and_web/the_web/article4362950.ece)>

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accessible to students.**

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